



Palatine Celtic SC

What Does It Take To Be A Good Referee?

Fall Referee Meeting Sept. 7, 2016





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1. Know the Laws of the Game

- Read the entire Laws several times
- Consider real life situations that you may encounter
- Know the Re-starts
- Know the exceptions for the league that you are working





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2. Rules Application

- Consider how to use common sense
- Attend clinics
- Ask questions
- Seek interpretations
- Read casebooks
- Consult interpreters





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3. Fitness

- Plan a conditioning program
- Get adequate rest
- Eat properly before games
- Hydrate before, during and after matches
- Bring proper clothing
 - Hats, gloves, sweatshirts, pants





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4. Ask for evaluations

- Ask veteran referees to watch you work
- Ask fellow referees to provide you feedback
- Identify strengths & weaknesses
- Develop a plan to work on only a few areas at a time
- Take "baby steps"



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5. Watch better officials work

- Seek people out
- Enter a mentoring program
- Seek out a mentor





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6. Watch games

- Be aware of what is happening
- Watch high school games, college games, and professional games
- Work tournaments, scrimmages, summer camps, State Cup, Midwest Regional League & indoor venues





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7. Know proper signals, positioning and mechanics

- Question "best position"
- Presence lends conviction





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8. Communicate effectively

- Communications leads to better control
- Give clear, crisp signals
- Vary whistle tones to send different messages
- Monitor the way you talk with players, coaches and fellow officials before, during and after the game
- Consider your audience





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9. Work with fellow officials

- Work together as a team
- Maintain eye contact
- Use signals
- Dispel potential confusion
- Give advice, defend and support each other





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10. Benchmark

- Find good things good referees do
- Find items to add to your "referee kit"
- Watch how different situations are handled
- Try out different things and evaluate
- Be patient
- Make the best of opportunities

